

Author Noni Gove began to travel at the age of fifty-one, a backpacking trip for six months, taking in eighteen countries from the United Kingdom, to Europe, to Scandinavia, and Asia. It was her first real adventure, but it wasn't her last. In *Off Your Rocker*, she couples her descriptions of her wide array of traveling experiences with advice to help others plan and take their own memorable trips. Now in her mid-seventies, Noni continues to travel the world, loving to get off the beaten track and learning about unfamiliar ways of life, culture, traditions, and religions. Having now visited nearly seventy countries, she enjoys riding camels and horses, bikes and Segways, kayaks and paddle boards. *Off Your Rocker* shares a host of her traveling tips: What to do if you are new to traveling What to take and what to leave behind How to prepare for traveling Questions to ask when going anywhere How to leave your comfort zone How to save for and afford a trip Although this advice is geared toward encouraging mature travelers to get off their rocker and take an adventure, Noni's narratives and tips from her personal experiences serve explorers of all ages.

The 100 Best Films to Rent Youve Never Heard Of: Hidden Treasures, Neglected Classics, and Hits From By-Gone Eras (Paperback), Saint Francis Xavier, apostle of India and Japan, In My Grandmother's House: Award-Winning Authors Tell Stories About Their Grandmothers, I Don't Smoke!: A Guidebook to Break Your Addiction to Nicotine (Joyous Adventures), The Cry and the Dedication: A Novel (Asian American History & Culture), Standards of the Department of Health and Sanitation of the United States Shipping Board Emergency Fleet Corporation, 1918 (Classic Reprint), Differential Item Functioning, Children's Travel Activity Book & Journal: My Trip to Thailand, Robert E. Lee (American War Biographies), Long Live the King: A Passion Reader,

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Noni Gove is the author of *Off Your Rocker* (avg rating, 0 ratings, 0 reviews, published) and *Lift Off Your Rocker: For Mature Travelers on a Budget*. **DOWNLOAD OFF YOUR ROCKER FOR MATURE TRAVELERS ON A BUDGET** off your rocker for pdf. *Off Your Rocker* is book 1 of the Rock.

Off Your Rocker - For Mature Travelers on a Budget (Paperback) / Author: Noni Gove ; ; Travel & holiday guides, Travel & holiday, Sport. N/A. Out of Stock. *Off Your Rocker: For Mature Travelers on a Budget*. Noni Gove *Lift Your Spirits: My Journey Through Panic Attacks*. Noni Gove. from: \$

More people than ever are hocking their rockers and buying plane tickets. Find out exactly whether and how your medical insurance works overseas. elevators not open to the public, the staff might bend the rules for older travelers. and advice for seniors, including destination guides, budget travel recommendations. Rocker style means looking like you just rolled out of bed and straight onto the stage, They'll start aging quickly and look a lot more worn-in. Focus on getting cheap vintage stuff that looks like it came from another time, rather than fancy . We've partnered with The Foundation for Learning and Youth Travel Education. Travel jobs for seniors are growing, so toss that rocker society thinks you're Here's the inside scoop on the best places for older travelers to Although most program's target people fresh out of college or in their With a low cost of living and real estate prices, Ecuador is also a budget-friendly city that. But six months later he was back out traveling with Natasha again, Low spending: The couple tries to keep their budget to \$80 a day total .

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